

- I. ONE THING—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. MEDITATION

- A. Review your class notes from Tuesday.

- Take some time to think about the main ideas of the lesson. Find the audio message on our website under the Resources tab. ([www.DivineDesignDiscipleship.com](http://www.DivineDesignDiscipleship.com)).
- Which of the scriptures referenced were particularly meaningful to you? Write out those verses below and spend some time studying them this week.

- B. Rewrite your One Thing into a prayer, expressing your heart's desire for God to make this truth become your experience.

- C. Sing about what you're learning. It's helpful in connecting emotionally to the truth.

- III. Listen to the songs from this week's playlist to aid you in taking today's principles from your head to your heart.

This playlist and our master playlist for our "In the Vault" series can be found on our Divine Design Discipleship YouTube channel. (Be sure to subscribe to our channel!) Our 2021 playlist is also available on Spotify. See the handout provided with your notebook for instructions on how to access these resources.

#### IV. PRINCIPLES

These principles will explore what God says in His Word about fear and faith. Let's use them to add truth to and rid error from our Vaults:

##### A. FEAR

- Num 13:33 NLT-- We even saw giants there...Next to them we felt like grasshoppers, and that's what they thought, too!"
- Pr 23:7 -- For as he thinks in his heart, so *is* he.
- Pr 29:25--The fear of man brings a snare, But whoever trusts in the LORD shall be safe.

#### **FACTS → THOUGHTS → FEELINGS → FEARFUL RESPONSE**

- Ps 139:23-24 NLT--Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.
- Insights:

## B. FAITH

Joshua 2 NLT--Then Joshua secretly sent out two spies from the Israelite camp at Acacia Grove. He instructed them, "Scout out the land on the other side of the Jordan River, especially around Jericho." So the two men set out and came to the house of a prostitute named Rahab and stayed there that night.

<sup>2</sup> But someone told the king of Jericho, "Some Israelites have come here tonight to spy out the land." <sup>3</sup> So the king of Jericho sent orders to Rahab: "Bring out the men who have come into your house, for they have come here to spy out the whole land."

<sup>4</sup> Rahab had hidden the two men, but she replied, "Yes, the men were here earlier, but I didn't know where they were from. <sup>5</sup> They left the town at dusk, as the gates were about to close. I don't know where they went. If you hurry, you can probably catch up with them." <sup>6</sup> (Actually, she had taken them up to the roof and hidden them beneath bundles of flax she had laid out.) <sup>7</sup> So the king's men went looking for the spies along the road leading to the shallow crossings of the Jordan River. And as soon as the king's men had left, the gate of Jericho was shut.

<sup>8</sup> Before the spies went to sleep that night, Rahab went up on the roof to talk with them. <sup>9</sup> "I know the Lord has given you this land," she told them. "We are all afraid of you. Everyone in the land is living in terror. <sup>10</sup> For we have heard how the Lord made a dry path for you through the Red Sea when you left Egypt. And we know what you did to Sihon and Og, the two Amorite kings east of the Jordan River, whose people you completely destroyed. <sup>11</sup> No wonder our hearts have melted in fear! No one has the courage to fight after hearing such things. For the Lord your God is the supreme God of the heavens above and the earth below.

<sup>12</sup> "Now swear to me by the Lord that you will be kind to me and my family since I have helped you. Give me some guarantee that <sup>13</sup> when Jericho is conquered, you will let me live, along with my father and mother, my brothers and sisters, and all their families."

<sup>14</sup> "We offer our own lives as a guarantee for your safety," the men agreed. "If you don't betray us, we will keep our promise and be kind to you when the Lord gives us the land."

<sup>15</sup> Then, since Rahab's house was built into the town wall, she let them down by a rope through the window. <sup>16</sup> "Escape to the hill country," she told them. "Hide there for three days from the men searching for you. Then, when they have returned, you can go on your way."

<sup>17</sup> Before they left, the men told her, "We will be bound by the oath we have taken only if you follow these instructions. <sup>18</sup> When we come into the land, you must leave this scarlet rope hanging from the window through which you let us down. And all your family members—your father, mother, brothers, and all your relatives—must be here inside the house. <sup>19</sup> If they go out into the street and are killed, it will not be our fault. But if anyone lays a hand on people inside this house, we will accept the responsibility for their death. <sup>20</sup> If you betray us, however, we are not bound by this oath in any way."

<sup>21</sup> "I accept your terms," she replied. And she sent them on their way, leaving the scarlet rope hanging from the window.

<sup>22</sup> The spies went up into the hill country and stayed there three days. The men who were chasing them searched everywhere along the road, but they finally returned without success.

<sup>23</sup> Then the two spies came down from the hill country, crossed the Jordan River, and reported to Joshua all that had happened to them. <sup>24</sup> "The Lord has given us the whole land," they said, "for all the people in the land are terrified of us."

- Deut 19:15b--By the mouth of two or three witnesses the matter shall be established.
- Pr 16:9 NLT--We can make our plans, but the Lord determines our steps.
- Jer 10:23 AMP-- O Lord, I know that the path of [life of] a man is not in himself; It is not within [the limited ability of] man [even one at his best] to choose *and* direct his steps [in life].

- Ps 33:16-20-- No king *is* saved by the multitude of an army; a mighty man is not delivered by great strength. A horse *is* a vain hope for safety; neither shall it deliver *any* by its great strength. Behold, the eye of the Lord *is* on those who fear Him, on those who hope in His mercy, to deliver their soul from death, and to keep them alive in famine. Our soul waits for the Lord; He *is* our help and our shield.
- Ps111:4 --He has made His wonderful works to be remembered; the Lord *is* gracious and full of compassion.

**FACTS → FEELINGS → TESTIMONY OF THE LORD → RESPOND IN FAITH**

- "Without risk faith is an impossibility." (Soren Kierkegaard)
- LISTENING EXERCISE: *Where in your life are you putting more faith in the facts or in your feelings than in God's character or His Word?*

*What step of faith are you hesitant to take? What are the risks that you fear?*

- Insights:

### C. REWARD

- Heb 11:6 NLT-- It is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.
- Heb 11:31 NLT-- It was by faith that Rahab the prostitute was not destroyed with the people in her city who refused to obey God. For she had given a friendly welcome to the spies.
- James 2:24-26 MSG--It's that weave of believing and acting that got Abraham named "God's friend." Is it not evident that a person is made right with God not by a barren faith but by faith fruitful in works? The same with Rahab, the Jericho harlot. Wasn't her action in hiding God's spies and helping them escape—that seamless unity of *believing* and *doing*—what counted with God?
- Mt 1:5-6 NLT-- Salmon was the father of Boaz (whose mother was Rahab). Boaz was the father of Obed (whose mother was Ruth). Obed was the father of Jesse. Jesse was the father of King David.
- Rom 8:15-16--For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba Father." The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and joint heirs with Christ
- Insights:

## II. CONTINUE TO PRACTICE

- Use “Tools & Techniques: I Feel But God Says” to process your feelings, fears or unbelief. Ask God to address them and begin to replace them with His truth.
- Set aside a time this week for practicing biblical meditation. See the suggested approach below. Write down your what you experienced:
  - Choose a Scripture that you want to make your own, to believe with your whole heart, and deposit in your Vault.
  - Look up your verse in different versions to find the one that best expresses its truth to you. (Use a Bible search engine like biblegateway.com.)
  - Begin your time of meditation, by asking the Holy Spirit to open your mind and heart to the wonderful truths in the passage. Pray that He will personalize His word and apply it to your life as you sit before Him.
  - Read through the passage several times, being alert for the insights and wisdom that the Holy Spirit brings to mind.
  - Choose the truth that is most meaningful to you. Now write it down and pray it back to God. Thank Him for what he has shown you.
  - Sit quietly, meditating on this particular truth for a few minutes. If your mind wanders, simply go back to the Scripture and continue to reflect.
  - Continue this practice periodically (daily, weekly) expecting to discover different insights and experience deeper understanding each time.
- Here are a few Faith Statements targeted to put In The Vault from Joshua 1:1-5:
  - God has a purpose for me even in situations that are uncertain or unstable.
  - The Lord calls me to rise up and move forward into His purposes.
  - His plans for me will always be too big for me to accomplish on my own.
  - God’s boundaries are a gift to me. They keep me safe.
  - When I walk with God, He will deliver me from the obstacles I will surely face.
  - I can count on God’s presence at all times and in every situation!
- This week, generate your own faith statements from Joshua 2. Write the truths that you want to put into your Vault in your own words. Revisit them often.
- Rehearse “The Ultimate Promise” that the Lord has given: *I will be with you. I will never leave you nor forsake you.* Spend some time journaling about any inner resistance to it and situations where you’d like to apply it (what it would look like).
- Pray for greater awareness of God’s presence with you throughout your days. Ask the Lord to keep you focused on knowing Him in a relational way.
- Pray for the Holy Spirit to help you recognize what is currently in your Vault. Watch for times when your actions and emotions reveal what you value highly.
- Study “Tools & Techniques: Listening to God” for practical help and Scriptural support in your pursuit of making God’s truth your own.
- Refer to the handout “Tools & Techniques: Spiritual Blessings.” The truths and biblical references there are part of your inheritance. Target them for your Vault!
- Keep on considering the questions we’ll be exploring this year:

*At the center of my being, what things do I firmly and completely believe to be true?*

*Where is it that I ultimately go to find the security I was created to experience?*

- Keep a record of what you discover in your notebook or spiritual journal. Come back next week ready to share what you experienced!