

1. *How can I tell if a promise in God's word is specifically for me and my situation?*

2. *How do I claim/ stand on a promise?*

3. *"Keep your eyes on Jesus" -- what does it really look like to practice that daily?*

4. *Praying about everything is a pattern of life that develops relationship with God.*
 - a. *What does it look like to communicate this to our children in a non-holier than thou as well as developmentally appropriate way? How do we teach our children to use that praying muscle that expectantly looks for an answer?*

- b. *The hardest part is to believe that God will answer the question or that He cares. How do we encourage our kids and ourselves to get over that roadblock?*

5. *I hear you talking about the importance of being skilled at being still before God. Can you tell us how to do that? When I rarely do get still, my mind goes in a million directions or I fall asleep.*

6. *Help me learn to “live above my circumstances.” My emotions seem to win out.*
 - a. *How do I practically move from a place of anger, hopelessness, and discouragement to having faith and trust that God is for me and is on my side?*

- b. *How do I reconcile verses like Psalm 34:10 “...those who look to the Lord will have every good thing “ and the statement “God intends for us to live a victorious life” with my circumstances that are anything but good or victorious and I have little hope that things will improve?*

7. Could God just rescue me vs. me having to assess my mind, will, emotions, body and taking personal responsibility to get with God about those areas?

8. *What do you say to parents who are working really hard to raise their children in church, have family devotionals, and pray for and with them only to see their kids show signs of turning away? I find myself angry that my good and Biblical efforts aren't "paying off." I find myself bargaining with God...I did all these good things so will You do this in my child? I feel like I want God for what He can do for me, not for the purpose of having a close relationship with Him.*

9. *How can I tell when I am basing my worth and identity in something other than God like my kids' successes, my reputation or the approval of others, having enough friends or the right house, etc.? How do I fight these cultural pressures? It's so easy to get caught up in them.*

10. *How do we know if a friendship is worth pouring into? Friendships can have differences but how do we distinguish one where it's ok vs. one that just continually drags us down and makes us not the best version of ourselves?*