

1 - THE REFORMER, Enneagram Type One

The Rational, Idealistic Type: Principled, Purposeful, Self-Controlled, and Perfectionistic

Ones are conscientious and ethical, with a strong sense of right and wrong. They are teachers, crusaders, and advocates for change: always striving to improve things, but afraid of making a mistake. Well-organized, orderly, and fastidious, they try to maintain high standards, but can slip into being critical and perfectionistic. They typically have problems with resentment and impatience. *At their Best:* wise, discerning, realistic, and noble. Can be morally heroic.

Basic Fear: Of being corrupt/evil, defective

Basic Desire: To be good, to have integrity, to be balanced

Enneagram One with a Nine-Wing: "The Idealist"

Enneagram One with a Two-Wing: "The Advocate"

Key Motivations: Want to be right, to strive higher and improve everything, to be consistent with their ideals, to justify themselves, to be beyond criticism so as not to be condemned by anyone.

2 - THE HELPER, Enneagram Type Two

The Caring, Interpersonal Type: Generous, Demonstrative, People-Pleasing, and Possessive

Twos are empathetic, sincere, and warm-hearted. They are friendly, generous, and self-sacrificing, but can also be sentimental, flattering, and people-pleasing. They are well-meaning and driven to be close to others, but can slip into doing things for others in order to be needed. They typically have problems with possessiveness and with acknowledging their own needs. *At their Best:* unselfish and altruistic, they have unconditional love for others.

Basic Fear: Of being unwanted, unworthy of being loved

Basic Desire: To feel loved

Enneagram Two with a One-Wing: "Servant"

Enneagram Two with a Three-Wing: "The Host/Hostess"

Key Motivations: Want to be loved, to express their feelings for others, to be needed and appreciated, to get others to respond to them, to vindicate their claims about themselves.

3 - THE ACHIEVER, Enneagram Type Three

The Success-Oriented, Pragmatic Type: Adaptable, Excelling, Driven, and Image-Conscious

Threes are self-assured, attractive, and charming. Ambitious, competent, and energetic, they can also be status-conscious and highly driven for advancement. They are diplomatic and poised, but can also be overly concerned with their image and what others think of them. They typically have problems with workaholicism and competitiveness. *At their Best:* self-accepting, authentic, everything they seem to be—role models who inspire others.

Basic Fear: Of being worthless

Basic Desire: To feel valuable and worthwhile

Enneagram Three with a Two-Wing: "The Charmer"

Enneagram Three with a Four-Wing: "The Professional"

Key Motivations: Want to be affirmed, to distinguish themselves from others, to have attention, to be admired, and to impress others.

4 - THE INDIVIDUALIST, Enneagram Type Four

The Sensitive, Introspective Type: Expressive, Dramatic, Self-Absorbed, and Temperamental

Fours are self-aware, sensitive, and reserved. They are emotionally honest, creative, and personal, but can also be moody and self-conscious. Withholding themselves from others due to feeling vulnerable and defective, they can also feel disdainful and exempt from ordinary ways of living. They typically have problems with melancholy, self-indulgence, and self-pity. *At their Best:* inspired and highly creative, they are able to renew themselves and transform their experiences.

Basic Fear: That they have no identity or personal significance

Basic Desire: To find themselves and their significance (to create an identity)

Enneagram Four with a Three-Wing: "The Aristocrat"

Enneagram Four with a Five-Wing: "The Bohemian"

Key Motivations: Want to express themselves and their individuality, to create and surround themselves with beauty, to maintain certain moods and feelings, to withdraw to protect their self-image, to take care of emotional needs before attending to anything else, to attract a "rescuer."

5 - THE INVESTIGATOR, Enneagram Type Five

The Intense, Cerebral Type: Perceptive, Innovative, Secretive, and Isolated

Fives are alert, insightful, and curious. They are able to concentrate and focus on developing complex ideas and skills. Independent, innovative, and inventive, they can also become preoccupied with their thoughts and imaginary constructs. They become detached, yet high-strung and intense. They typically have problems with eccentricity, nihilism, and isolation. *At their Best:* visionary pioneers, often ahead of their time, and able to see the world in an entirely new way.

Basic Fear: Being useless, helpless, or incapable

Basic Desire: To be capable and competent

Enneagram Five with a Four-Wing: "The Iconoclast"

Enneagram Five with a Six-Wing: "The Problem Solver"

Key Motivations: Want to possess knowledge, to understand the environment, to have everything figured out as a way of defending the self from threats from the environment.

6 - THE LOYALIST, Enneagram Type Six

The Committed, Security-Oriented Type: Engaging, Responsible, Anxious, and Suspicious

The committed, security-oriented type. Sixes are reliable, hard-working, responsible, and trustworthy. Excellent "troubleshooters," they foresee problems and foster cooperation, but can also become defensive, evasive, and anxious—running on stress while complaining about it. They can be cautious and indecisive, but also reactive, defiant and rebellious. They typically have problems with self-doubt and suspicion. *At their Best:* internally stable and self-reliant, courageously championing themselves and others.

Basic Fear: Of being without support and guidance

Basic Desire: To have security and support

Enneagram Six with a Five-Wing: "The Defender"

Enneagram Six with a Seven-Wing: "The Buddy"

Key Motivations: Want to have security, to feel supported by others, to have certitude and reassurance, to test the attitudes of others toward them, to fight against anxiety and insecurity.

7 - THE ENTHUSIAST, Enneagram Type Seven

The Busy, Variety-Seeking Type: Spontaneous, Versatile, Acquisitive, and Scattered

Sevens are extroverted, optimistic, versatile, and spontaneous. Playful, high-spirited, and practical, they can also misapply their many talents, becoming over-extended, scattered, and undisciplined. They constantly seek new and exciting experiences, but can become distracted and exhausted by staying on the go. They typically have problems with impatience and impulsiveness. *At their Best:* they focus their talents on worthwhile goals, becoming appreciative, joyous, and satisfied.

Basic Fear: Of being deprived and in pain

Basic Desire: To be satisfied and content—to have their needs fulfilled

Enneagram Seven with a Six-Wing: "The Entertainer"

Enneagram Seven with an Eight-Wing: "The Realist"

Key Motivations: Want to maintain their freedom and happiness, to avoid missing out on worthwhile experiences, to keep themselves excited and occupied, to avoid and discharge pain.

8 - THE CHALLENGER, Enneagram Type Eight

The Powerful, Dominating Type: Self-Confident, Decisive, Willful, and Confrontational

Eights are self-confident, strong, and assertive. Protective, resourceful, straight-talking, and decisive, but can also be ego-centric and domineering. Eights feel they must control their environment, especially people, sometimes becoming confrontational and intimidating. Eights typically have problems with their tempers and with allowing themselves to be vulnerable. *At their Best:* self-mastering, they use their strength to improve others' lives, becoming heroic, magnanimous, and inspiring.

Basic Fear: Of being harmed or controlled by others

Basic Desire: To protect themselves (to be in control of their own life and destiny)

Enneagram Eight with a Seven-Wing: "The Maverick"

Enneagram Eight with a Nine-Wing: "The Bear"

Key Motivations: Want to be self-reliant, to prove their strength and resist weakness, to be important in their world, to dominate the environment, and to stay in control of their situation.

9 - THE PEACEMAKER, Enneagram Type Nine

The Easygoing, Self-Effacing Type: Receptive, Reassuring Agreeable, and Complacent

Nines are accepting, trusting, and stable. They are usually creative, optimistic, and supportive, but can also be too willing to go along with others to keep the peace. They want everything to go smoothly and be without conflict, but they can also tend to be complacent, simplifying problems and minimizing anything upsetting. They typically have problems with inertia and stubbornness. *At their Best:* indomitable and all-embracing, they are able to bring people together and heal conflicts.

Basic Fear: Of loss and separation

Basic Desire: To have inner stability "peace of mind"

Enneagram Nine with an Eight-Wing: "The Referee"

Enneagram Nine with a One-Wing: "The Dreamer"

Key Motivations: Want to create harmony in their environment, to avoid conflicts and tension, to preserve things as they are, to resist whatever would upset or disturb them.

Click on this link to get more detailed descriptions of each type:

<https://www.enneagraminstitute.com/type-descriptions>

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