

- I. ONE THING—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. MEDITATION

- A. Review your class notes from Tuesday.
- Take some time to think about the main ideas of the lesson. If you want to add details to your notes, you'll find the audio message on our website under the Resources tab. ([www.DivineDesignDiscipleship.com](http://www.DivineDesignDiscipleship.com)).
  - Which of the scriptures referenced were particularly meaningful to you? Write out those verses below and spend some time studying them this week.
- B. Rewrite your One Thing into a prayer, expressing your heart's desire for God to make this truth become your experience.

### III. PRINCIPLES

Use these principles to help you understand and grow in Living Hope:

#### A. INTRODUCTION

#### B. MARRIED TO LEWIS, July '09

#### C. DREAMS OF A FAMILY, 2011

#### D. INVITRO FERTILIZATION (IVF)

- 1st IVF/ miscarriage, August 2012
- Surgery and more failed attempts
- 3rd IVF and miscarriage, April 2013

#### E. A YEAR IN THE WILDERNESS

- New doctor, August '13
- Failed attempts
- 6 month break- holistic approach

#### F. SURROGACY

- Search began, July 2013
- 1st transfer failed
- 2nd transfer pregnant and miscarriage
- 3rd transfer, March 2015

## G. MIRACLE! March 3, 2015

- Tyson, October 13, 2015
- Annie, November 24, 2015

## H. SCRIPTURE REFERENCES

- Mt 7:24 25 NIV— “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.
- John 8:12 MSG-- Jesus once again addressed them: “I am the world’s Light. No one who follows me stumbles around in the darkness. I provide plenty of light to live in.”
- Peter 5:6-7 NIV-- Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you
- 1Peter 1:6-8 NLT-- Be truly glad! There is wonderful joy ahead, even though you must endure many trials for a little while.<sup>7</sup> These trials will show that your faith is genuine. It is being tested as fire tests and purifies gold—though your faith is far more precious than mere gold. So when your faith remains strong through many trials, it will bring you much praise and glory and honor on the day when Jesus Christ is revealed to the whole world.
- Psalms 20:6 MSG-- That clinches it—help’s coming, an answer’s on the way, everything’s going to work out.
- Luke 11:34ff MSG-- Your eye is a lamp, lighting up your whole body. If you live wide-eyed in wonder and belief, your body fills up with light. If you live squinty-eyed in greed and distrust, your body is a dank cellar. Keep your eyes open, your lamp burning, so you don’t get musty and murky. Keep your life as well-lighted as your best-lighted room.”
- Job 5:9 NIV— He performs wonders that cannot be fathomed, miracles that cannot be counted.
- Isaiah 61:7 NIV-- Instead of your shame, you will receive a double portion, and instead of disgrace you will rejoice in your inheritance. And so you will inherit a double portion in your land, and everlasting joy will be yours.

## Insights:

- I. GROW IN LIVING HOPE by applying the principles we have previously learned:
- Continue seeking the Lord about your own God-given dreams. Dream = a personal & specific God-given idea, plan, agenda, or goal that leads to God honoring results.
  - Use the Promise Pages provided to make a list of your God-given dreams. Add the verses that apply to each one. Pray them back to God to keep your hope strong.
  - Mediate on these verses that illustrate how we can choose to be Prisoners of Hope:
    - Rev 3:20 TPT-- Behold, I'm standing at the door, knocking. If your heart is open to hear my voice and you open the door *within*, I will come in to you and feast with you, and you will feast with me.
    - Ps 37:3-7 TV-- Live in the land *He provides*; roam, and rest in God's faithfulness.<sup>4</sup>Take great joy in the (Lord)! His gifts are coming, and they are all your heart desires!<sup>5</sup>Commit your path to the (Lord); *let Him direct you*. Put your confidence in Him, and He will follow through *with you*.<sup>6</sup>He will spread out righteousness for you as a sunrise *spreads radiance over the land*; He will deliver justice for you into the light of the high sun.<sup>7</sup>Be still. Be patient. Expect the (Lord) to arrive *and set things right*.
  - Use your emotions as an indicator of where God can offer Living Hope. Bring your feelings to God in prayer in your over-reactions, numbness, or hardness of heart.
  - Embrace the Limp when you are dealing with an area of weakness or wounding. Call on the Father as a beloved child. Allow trustworthy, like-minded friends to support and speak into these areas. Offer your strength to them where you are mature.
  - If you have not done so, take the assessment on Emotionally Healthy Spirituality. Use the results to pinpoint areas of growth in your relationship with God and others.
  - Be alert for any Negativity Bias (focus problem) or Confirmation Bias (belief problem). Ask for hope (an expectation of good) where you're struggling.
  - Keep asking: *What am I pursuing and prizing that indicate that my worship is off?*
  - "Remember the Deeds of the Lord" and be encouraged by His faithfulness.
  - Bring glory to God and grow in hope and faith by giving more weight to what He says than to your emotions, evidence, and errors. The resistance will make you stronger!
  - Review regularly the benefits of being "In Christ" and having Christ is in you:
    - Surety—We can have confidence in God's unchanging character.
    - Purity—Our salvation is sure and our record is spotless because of Jesus.
    - Security—The Lord's acceptance, love, and worth for us is unconditional.
    - Maturity—We grow in Christ as we abide, repent, wait and watch for His word to be fulfilled.
    - Authority—In Christ we have authority to overcome the flesh, the world, and the enemy.
  - The Scripture verses on the handout "Tools & Techniques: God Makes Things Right" offer comfort and hope when you have been wronged.
  - Invite the Spirit to speak through His word and breathe His life-giving power where you have been lifeless and dry. Believe that those Dry Bones can dance again!
  - For helpful hints about hearing God's word and allowing the Spirit to apply it to your life, refer to the handout "Tools & Techniques: Listening to God."
  - Keep short accounts with the help of "Tools & Techniques: Understanding Forgiveness."
  - Discover gaps in your belief system that may be responsible for some of your Dry Bones areas. Use the handout "Tools & Techniques: Hope of Glory Applications" to help you renew your mind and begin the transformation process.
  - Be sure to journal your prayers and God's answers. Come back ready to share!

