

- I. ONE THING—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. MEDITATION

B. Review your class notes from Tuesday.

- Take some time to think about the main ideas of the lesson. If you want to add details to your notes, you'll find the audio message on our website under the Resources tab. (www.DivineDesignDiscipleship.com).
- Which of the scriptures referenced were particularly meaningful to you? Write out those verses below and spend some time studying them this week.

C. Rewrite your One Thing into a prayer, expressing your heart's desire for God to make this truth become your experience.

III. PRINCIPLES

Use the principles found in these Scriptures to help you understand the concept of Living Hope:

A. INTRODUCTION

B. DARBY AND TOMMY'S SINGLE YEARS AND CONVERSION

C. HAPPILY EVER AFTER?

D. THE CHRISTIAN DIVORCE RATE

E. DARBY'S FAMILY OF ORIGIN

F. PROBLEMS IN MARRIAGE

G. DARK NIGHT OF THE SOUL

H. CRISIS AND CONFRONTATION

I. HELP AND TRANSFORMATION

J. BECOMING EMOTIONALLY AND SPIRITUALLY HEALTHY

K. SCRIPTURE REFERENCES

- Jn 17:20-23 NIV-- "My prayer is not for them alone. I pray also for those who will believe in me through their message, that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me. I have given them the glory that you gave me, that they may be one as we are one—I in them and you in me—so that they may be brought to complete unity. Then the world will know that you sent me and have loved them even as you have loved me.
- Jn 10:10 NIV-- The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.
- Jn 8:31-32-- Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free."

L. GROW IN LIVING HOPE by applying the principles we have previously learned:

- Take the assessment on Emotionally Healthy Spirituality. Use the results to pinpoint areas of growth in your relationship with God and others.
- Be alert for any Negativity Bias (focus problem) or Confirmation Bias (belief problem). Ask for hope (an expectation of good) in the areas where you're struggling.
- Keep asking: *What am I pursuing and prizing that may indicate that my worship is off?*
- "Remember the Deeds of the Lord" and be encouraged by His faithfulness.
- Bring glory to God and grow in hope and faith by giving more weight to what He says than to your emotions, evidence, and errors. Use the resistance to make you stronger!
- Review regularly the benefits of being "In Christ" and having Christ is in you:
 - Surety—We can have confidence in God's unchanging character.
 - Purity—Our salvation is sure and our record is spotless because of Jesus.
 - Security—The Lord's acceptance, love, and worth for us is unconditional.
 - Maturity—We grow in Christ as we abide, repent, wait and watch for His word to be fulfilled.
 - Authority—In Christ we have authority to overcome the flesh, the world, and the enemy.
- The Scripture verses on the handout "Tools & Techniques: God Makes Things Right" offer comfort and hope when you have been wronged.
- Invite the Spirit to speak through His word and breathe His life-giving power where you have been lifeless and dry. Believe that those Dry Bones can dance again!
- For helpful hints about hearing God's word and allowing the Spirit to apply it to your life, refer to the handout "Tools & Techniques: Listening to God."
- Stop speaking death over your situation and start declaring Living Hope from God's Word over it. Ask Him to draw your attention to a promise from His word He wants to apply specifically to your issue. Add it to your Promise Page!
- Yield to the Spirit's transforming power each day. Thank God that it's not all on you!